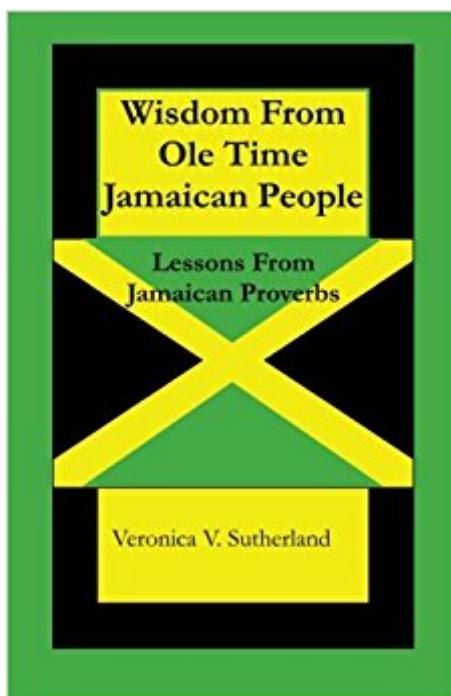


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# Wisdom From Ole Time Jamaican People: Lessons From Jamaican Proverbs



## **Synopsis**

Older Jamaicans will recall their parents or older persons saying; à œole time people use to sey ...â • You would stop whatever you were doing as you knew that it would be followed by a proverb which was meant for you to stop your activity and to teach you a lesson you should not forget. The proverbs are written in the Jamaican language. All pronunciations are phonetic. An English translation is done as precisely as possible, followed by the meaning of the proverb. Veronica has attempted to give a brief insight into the lessons that may be learnt from these proverbs. She completes each with an action step you can take to cement these lessons in your lives.

## **Book Information**

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## **Customer Reviews**

Veronica Sutherland is a Jamaican, who has lived in Jamaica all her life except for a brief stint studying in the United States of America. Veronica has lived in several areas of Jamaica and of such has been exposed to the varied aspects of Jamaican culture. Her early years were spent at the feet of her maternal grandparents from whom she learnt many things about Jamaican life, including Jamaican proverbs. This book of Jamaican proverbs is a natural outflow of Veronicaâ™s knowledge of and fascination with her beloved homeland.

As this was my first exposure to Jamaican proverbs, I enjoyed reading this book. Reading the phonetic pronunciation was a fun exercise; it made it easier for me to imagine being on the island, and having a Jamaican grandfather or grandmother sharing their wisdom with me. The proverbs are short, and cover a broad range of topics from avoiding conflict, to saving money, to measuring

others by their character rather than their outward appearance. The action steps made it easy to see how to apply the lesson of each proverb in my life. I highly recommend Wisdom From Ole Time Jamaican People to people interested in learning age-old lessons in a way that is both delightfully unique and uniquely delightful.

This excellent book of Jamaican proverbs reminds me of my mother's words of wisdom. No matter what your cultural background, you will be enriched. Simply written and well edited, it was worth the price. Purchase several and give as gifts.

This book is full of proverbs. Each proverb gives the way it is pronounced in Jamaica, how it translates into English, discusses what the proverb means, and it gives suggestions for carrying out the proverb in one's life. The proverbs are similar to some common sayings I've heard and proverbs I've never heard before. If you like reading about other cultures, proverbs and wise sayings, then you will like this book. It would make a good discussion book for a group studying the book of Proverbs from the Bible using it for a comparison/contrast type of study.

This is a uniquely charming book that shares some truly valuable wisdom. These Jamaican proverbs are so insightful and beautifully presented, including an action step. They are beyond practical and while I am not Jamaican, I can easily imagine the wise grandparents sharing these pearls of wisdom with the younger generation as my Greek grandmother did the same thing when I was a little girl. You will thoroughly enjoy this read and get much value from it.

These proverbs give excellent guidance for everyday human interactions. I have gained great life lessons from my mother, father and ancestors from proverbs and folklore. Thank you!!

Such wise words from such a rich culture! I left a voicemail on my parent's phone with some of these expressions. They laughed so hard at me and my pronunciations. I love it when my parents say these expressions out of the blue. This book is great for those who want to preserve their family history and culture.

Really enjoyed this book, love the wisdom came from the writers grandma, the best wisdom always does...Jamaican wisdom is for all.

Veronica's book is filled with common sense quotes that are similar to the wisdom of Proverbs in the Bible. Have a Victorious Day! Marianne

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